

Cave Spring High School Coaches List 2021 - 22

Fall	NAME	POSITION	EMAIL		
Football	Nick Leftwich	Head Coach	nleftwich@rcps.us		
	Tim Roberts	Asst.	troberts@rcps.us		
	Chris Askew	Asst.	caskew@rcps.us		
	Ricky Lonker	Asst.	rlonker@rcps.us		
	Ryan Poff	Asst.	rpoff@rcps.us		
	Jeff Leftwich	Asst.			
Volleyball	Josh James	Head Coach	joshjames94@gmail.com		
	Caroline Dermott	JV Asst.			
Golf	Dr. Andrew Henritze	Head Coach	drhenritze@henritzedental.com		
Cross Country	Tommy Maguire	Head Coach	tmaguire@rcps.us		
	John Wiggins	Asst.	jlwiggins@mail.roanoke.edu		
Cheerleading	Jen Koll	Head Coach	cavespringcheer@gmail.com		
	Katie Lineback	Asst.			
	Terin Mabry	Asst. JV			
Winter					
Boys Basketball	Jacob Gruse	Head Coach	jgruse@rcps.us		
	Greg Mackey	Asst. Coach			
	Derrick Roth	JV Coach	droth@rcps.us		
		Asst. Coach			
Girls Basketball	Jessica Ficarro	Head Coach	jficarro@rcps.us		
	John Swartz	Asst.	jswartz@rcps.us		
	Mike Downs	JV Head Coach	mtdowns@roanokeortho.com		
	Danielle Montgomery	Asst.	deemontgo@gmail.com		
Wrestling	Mike Noell	Head Coach	dmnoell@gmail.com		
Swimming	Kelsey Burton	Head Coach	kburton@rcps.us		
Indoor Track	John Wiggins	Head Coach	jlwiggins@mail.roanoke.edu		
		Asst.			

Spring					
Baseball	Ricky Lonker	Head Coach	rlonker@rcps.us		
		JV Head coach			
	Robert Craig	JV Asst.	RNCRAIG@aol.com		
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Boys Lax	Denny Barbour	Head	dennybarbour@yahoo.com		
Girls Lax	Meredith Lawrence	Head	mclawrence@rcps.us		
Softball	Nick Sharp	Head Coach	nsrazor@cox.net		
	Scott Sharp	Asst.	scott924@cox.net		
	Jack Hodge	Asst.			
	Jason Loving	Asst.	jloving34@gmail.com		
	Ed Kilbane	Asst. JV	ekilbane007@yahoo.com		
	Jon Gray	Asst.	jay.gray.213@gmail.com		
Boys Soccer	Brad Collins	Head Coach	bcollins@rcps.us		
	Chris Collins	Asst.	ctcollins@mail.roanoke.edu		
	Donald Smith	Asst.	donnysmith@gmail.com		
	Landon Dermott	Head JV	dermott.landon@gmail.com		
Girls Soccer	Katherine Deneault	Head Coach	kdeneault@rcps.us		
	Tori Doyle	JV			
Boys Tennis	Mark Hough	Head Coach	mhough@rcps.us		
Girls Tennis	TBA				
Outdoor Track	Tommy Maguire	Head Girls	tmaguire@rcps.us		
	John Wiggins	Head Boys	jlwiggins@mail.roanoke.edu		
ACE	Tamara Carson		tcarson@rcps.us		
Debate	Elizabeth Mayer		emayer@rcps.us		
Forensics	TBA				
Theatre	TBA				
Athletic Trainer	Danielle Power		dnpower@carilionclinic.org		