

## Pre-Season Sports Physicals Saturday, May 7, 2022

Medical providers at Carilion Clinic are teaming up with area high schools to provide pre-season physicals. They will be held on Saturday, May 7 at one convenient location, the Institute for Orthopaedics and Neurosciences — 2331 Franklin Road in Roanoke.

A **completed VHSL form** is required with a parent signature or a parent must be present during registration.

Carilion Clinic does not charge for these exams; however, individual schools may require payment. This is determined by each school. If payment is required, a school representative will process the payment.

Students should check in 30 minutes prior to their school's allocated time slot below.

9 a.m.	Cave Spring High School and North Cross High School
9:45 a.m.	Franklin County High School and Glenvar High School
10:30 a.m.	William Fleming High School
11:15 a.m.	Patrick Henry High School
12 noon	Hidden Valley High School and Breckenridge Middle School

1. Athletes must sign up during their school's time slot as shown above.
2. All athletes and parents will be pre-screened before entering the building using the Carilion Covid questionnaire. Those with positive response to Covid screening questions will not be able to participate in the on site sports physical evaluation. **PLEASE advise athletes not to attend if they or their immediate family have COVID symptoms.**
3. Only one parent will be allowed to enter the building with their athlete, if they choose. **No siblings can accompany the athlete unless the sibling is also getting a sports physical.**
4. Athletes/Schools will not be allowed to enter the building until 10 minutes prior to their scheduled appointment slot to help minimize the number of people in the building.

For questions or more information, please contact Ashley Simpson at 540-512-1074.

Institute for Orthopaedics  
and Neurosciences

