



Norsemen Track 2023

March 1	Practice begins		
March 15	Glenvar & Clifton	@GMS	4:45pm
March 22	Ben Franklin & Christian Heritage	AWAY	4:45
April 5	William Byrd	Canceled	
April 12	Hidden Valley & Clifton	@HVMS	4:45
April 15	Blacksburg	AWAY	8:45
April 25	CAMS & RMMS	@CAMS	4:45
May 4 & 6	COSMOS	AWAY	TBD

Boys' Head Coach: Jubal Poindexter

Girls' Head Coach: Laura Lenski

Boys' Assistant Coach: Will Brodmerkel

Girls' Assist. Coach Beverly Orange

Boys' Assistant Coach: Aiden Terry

3/10/23